

Reference: FOI.ICB-2425/004

**Subject: CAMHS** 

I can confirm that the ICB does hold some of the information requested; please see responses below:

| QUESTION  | RESPONSE  |  |  |
|---|---|--|--|
| Which NHS trusts provide CAMHS?                               | Avon and Wiltshire NHS Mental Health Partnership Trust (AWP) provide CAMHS as part of the Children's Community Health Partnership contract, which is held by Sirona with CAMHS subcontracted to AWP.  |  |  |
| Which CAMHS services are offered? Please list these services. | <ol> <li>Asylum and Refugee Clinic</li> <li>Autism Intensive Service</li> <li>Children in care and adoptions</li> <li>Drug and alcohol services</li> <li>Harmful sexual behaviour services</li> <li>Hospital assessments</li> <li>Infant Mental Health</li> <li>Intensive Outreach Teams</li> <li>Learning Disabilities</li> <li>Local Community CAMHS</li> <li>Mental Health Support in Schools</li> </ol> |  |  |



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| 3. Do you operate a 0-25 service?  | BNSSG CAMHS supports patients up to 18 years old for most services. Services provided by Off The Record (OTR) Bristol are accessible up to 25 years old. |                        |                              |
|--|--|------------------------|------------------------------|
| 4. Can young people self-refer to CAMHS?   | Most services require a referral from a professional, but services offered by Kooth and Off The Record can be accessed without referral.                 |                        |                              |
| <ol> <li>Which of the following non-specialist publicly-funded<br/>services for young people's mental health (a) currently<br/>exist and/or (b) used to exist within the last decade</li> </ol>  |  |                        |                              |
| (please indicate if they currently exist, and if they used to exist if you hold this data):  | Service  | Currently in existence | Existed in the last 10 years |
| ,  | Social prescribing   | Yes                    | Yes                          |
| <ul><li>a. Social prescribing</li><li>b. Bereavement services</li><li>c. Peer support</li><li>d. Mental Health Support Teams</li></ul>   | Bereavement services   | Yes                    | Yes                          |
| e. School counsellors, mentors, or pastoral or key support workers   | Peer support   | Yes                    | Yes                          |
| f. Educational psychologists g. Youth groups h. Wellbeing cafes or mental health drop-in services  | Mental Health<br>Support Teams   | Yes                    | Yes                          |
| <ul> <li>i. Youth information, advice and counselling services (YIACS) / early support hubs</li> <li>j. Advice line for mental health issues</li> <li>k. Targeted service(s) for LGBTQ+ young people</li> <li>l. Targeted service(s) for young people from minority ethnic / racialised communities</li> </ul> | School counsellors,<br>mentors, or pastoral<br>or key support<br>workers   | Yes                    | Yes                          |



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| m. | Targeted   | l service(s | ) for | other | unde | rserved | groups |
|----|------------|-------------|-------|-------|------|---------|--------|
|    | (please li | st here)    |       |       |      |         |        |

- n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)
- o. Art or music therapy
- p. Online support service / app
- q. Occupational therapy
- r. Any other service (please list here)

| Educational psychologists   | Yes  | Yes                                 |
|---|--|-------------------------------------|
| Youth groups  | BNSSG ICB does<br>not hold this<br>information |                                     |
| Wellbeing cafes or<br>mental health drop-<br>in services                                    | Yes  | Yes                                 |
| Youth information,<br>advice and<br>counselling services<br>(YIACS) / early<br>support hubs | Yes  | Yes                                 |
| Advice line for mental health issues  | Yes  | Yes                                 |
| Targeted service(s) for LGBTQ+ young people   | No   | No                                  |
| Targeted service(s) for young people from minority ethnic / racialised communities          | Asylum Seeker and<br>Refugee Clinic            | Asylum Seeker and<br>Refugee Clinic |



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|   | Targeted service(s) for other underserved groups (please list here)   | Learning disabilities      |                        |
|---|---|----------------------------|------------------------|
|   | Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)  | Yes                        | Yes                    |
|   | Art or music therapy  | Yes                        | Yes                    |
|   | Online support service / app  | Yes                        | Yes                    |
|   | Occupational therapy  | Yes                        | Yes                    |
|   | Services are commiss  | l<br>sioned by BNSSG ICB a | and local authorities. |
| 6. Do any of the following exist in your area (please answer yes or no and elaborate if necessary): | BNSSG ICB does not hold this information.   |                            |                        |
| a. A CAMHS or young people's mental health partnership board?                                       | Please request this directly from the provider AWP: <a href="https://www.awp.nhs.uk/contact-us/freedom-information">https://www.awp.nhs.uk/contact-us/freedom-information</a> |                            |                        |



**Integrated Care Board** b. A designated individual or team who coordinates partnership working across services for children and families / settings? c. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.? d. Evaluation of young people's outcomes following engagement with services? e. A young people's advisory group or official mechanism for young people to feed into service design and improvement? 7. Is there a single point of access for young people with a mental health concern? Please answer yes or no and Referrals to CAMHS are required to be made by a professional. elaborate if necessary. 8. Do you operate a 'no wrong door' approach? Please Yes answer yes or no and elaborate if necessary. 9. Do young people have to be referred to access a mental health support service? Please answer yes or no and Yes elaborate if necessary. 10. Are there specific services or approaches to ensure BNSSG ICB does not hold this information. under-served groups of young people can access support e.g. young people from minority ethnic / racialised Please request this directly from the provider AWP: backgrounds, LGBTQ+ young people, etc.? Please https://www.awp.nhs.uk/contact-us/freedom-information answer yes or no and elaborate if necessary.



| 11.Do you have a publicly available up-to-date list or directory of voluntary, community and social enterprise (VCSE) sector young people's mental health services? Please answer yes or no and elaborate if necessary.  | BNSSG ICB does not currently hold such a directory, however the ICB is looking to develop this. |
|--|---|
| <ul> <li>12. Do you involve the VCSE sector in any of the following?</li> <li>a. Planning / designing services. Please answer yes or no and elaborate if necessary.</li> <li>b. As delivery partners – e.g. young people are referred to services offered by the VCSE sector. Please answer yes or no and elaborate if necessary.</li> </ul> | a) Yes<br>b) Yes  |

The information provided in this response is accurate as of 22 April 2024 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.