

Reference: FOI.ICB-2324/425

Subject: Weight Management

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
 a. Do you have a Trust-wide obesity and weight management strategy? If so, how is this implemented (for example, through delivery of Tier 3 obesity services of the NHS Tiered Care Weight Management Pathway)? b. Details of staff training to deliver these strategies, c. Details of any current training for clinical staff in the area d. weight discrimination, weight stigma, weight bias and/or obesity awareness, e. The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned in the period 1st January 2014 to 31st December 2023, f. Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'. 	 a. No, however we have a commissioning policy governing access to these services b. We do not hold staff training data – we advise contacting North Bristol NHS Trust (NBT) for details; https://www.nbt.nhs.uk/aboutus/information-governance/freedom-information/requestinformation c. As above d. As above e. The ICB has received 5 enquiries from MPs and one complaint regarding weight management during the mentioned timescales. None of which specifically mention discrimination, bias or stigma. The themes of the contacts have been queries about the weight management policy itself and whether moving between the tiers is patient friendly. f. No, all resources are currently directed to supporting providers in reducing lengthy waiting lists to support patients. Note, none of the recommendations in the report require action by the ICB at this time.

The information provided in this response is accurate as of 22 February 2024 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer / Rosi Shepherd, Chief Nursing Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.