

Reference: FOI.ICB-2324/125

Subject: Mental health services for children and young people

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
<p>In the area you cover, are there services / pathways / arrangements for screening groups of young people with higher risk of mental ill-health, for example:</p> <ul style="list-style-type: none"> • children in contact with social care • care leavers • children who require support from multiple mental health services, e.g. an eating disorder service and anxiety service • asylum-seeking children 	<p>There are screening arrangements for groups of young people with higher risk of mental ill health. The ICB holds information relating to health screening, the Local Authorities in Bristol, South Gloucestershire and North Somerset would need to be contacted for any screening arrangements for children known to social care.</p> <p>For children in care, they received both an initial and review health check provided by Sirona care and health. The initial health check is completed after the young person has come into care and a review health assessment is completed annually for young people over 5 and every six months for a child under 5.</p> <p>For Children in Care, a strength and difficulties questionnaire should be completed which can highlight levels of need.</p> <p>Avon and Wiltshire Mental Health Partnership provide Children and Adolescent Mental Health Services. There is a triaging part of the service which would outline if a young person required access to a</p>

	<p>specialist service such as thinking allowed, eating disorder services, Learning Difficulties or Autism Intensive Service (AIS).</p> <p>For Asylum-seeking children, AWP are commissioned to provide the Asylum and Refugee Clinic which provides mental health support to young people who have experienced trauma. Children can be referred by the Haven or the Local Authority Social Care teams.</p> <p>BNSSG ICB are piloting, for NHSE, a Learning Disability Screening Tool in Bristol.</p> <p>Link below: Trial the NHS learning disability screening tool for children and young people (bristol.gov.uk)</p> <p>Further information could be received from</p> <ul style="list-style-type: none"> - AWP: awp.freedomofinformation@nhs.net - Sirona care & health: sirona.hello@nhs.net - Local Authorities Freedom of Information (FOI) (bristol.gov.uk) Make a freedom of information request North Somerset Council (n-somerset.gov.uk) Make a freedom of information (FOI) request BETA - South Gloucestershire Council (southglos.gov.uk)
<p>In the area you cover, are there specific arrangements for young people with complex needs, which may cut across multiple services, e.g. NHS mental health services, social care, youth justice, etc.?</p>	<p>There are good multi agency working for Children and Young People with complex needs such as a complex case panel which includes health and social care representatives.</p>

	<p>Additionally for young people with a LD or ASD diagnosis, the ICB can chair a Care and Treatment Review which will include practitioners involved with the young persons care as well as the young person and their family.</p> <p>For children with ASD/LD ICB has a network supporting complex cases with key workers.</p>
<p>A) Is there a mental health crisis care team for all young people in the area you cover?</p> <p>B) Is follow-up care provided after contact with the mental health crisis team is terminated?</p>	<p>A) Yes, this is provided by Avon and Wiltshire Mental Health Partnership.</p> <p>B) Where it is agreed as clinically appropriate, follow up care may be provided by community mental health services.</p>
<p>Do children and young people’s mental health services in your area extend to age 25, per NICE guidance?</p>	<p>Children and Adolescent Mental Health Services (CAMHS) are available until the age of 18.</p> <p>Adult Mental Health Services (AMHS) are commissioned in BNSSG and are available from the age of 18.</p> <p>There is a transition service for those young people that require transition from CAMHS to AMHS.</p>
<p>What support is in place for children accepted into NHS mental health services but that are on a waiting list to begin treatment?</p>	<p>This information is held by Avon and Wiltshire Mental Health Partnership who provide CAMHS. Please contact the provider directly for further information.</p> <p>awp.freedomofinformation@nhs.net</p>

Which of the following mental health services are offered in your area for children and young people with eating disorders?

- family therapy
- cognitive behavioural therapy
- guided self-help
- interpersonal psychotherapy
- focal psychodynamic therapy

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The information provided in this response is accurate as of 10th July 2023 and has been approved for release by Lisa Manson, Director of Performance and Delivery for NHS Bristol, North Somerset and South Gloucestershire ICB.