

Reference: FOI.ICB-2223/219

Subject: Migraine Care and Planning

I can confirm that the ICB does hold some of the information requested; please see responses below:

| QUESTION | RESPONSE |
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| Please see requesters template enclosed. | |

The information provided in this response is accurate as of 21 March 2023 and has been approved for release by Lisa Manson, Director of Performance and Delivery for NHS Bristol, North Somerset and South Gloucestershire ICB.

Section 1: Commissioning and care planning

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| <p>1. (a) Within the past year, have you reviewed or found opportunities for improvement in pathways and care for headache and migraine?</p> | <p>1. (b) (i) If yes, what did this review find?</p> | <p>1. (b) (ii) If no, what has prevented this so far?</p> | <p>1. (c) Do you have any plans to implement the findings of the optimum clinical pathway for adults for Headache & facial pain published by the National Neurosciences Advisory Group (NNAG) in February 2023?</p> |
| <p>Specialist Service is provided by NBT Neurology</p> | <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> | <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> | <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> |

| <p>2. (a) Have you reviewed the migraine needs of your local population (e.g. numbers of people living with migraine who are diagnosed and not yet diagnosed) and planned services to meet these needs (e.g. by offering opportunities for training in migraine management to GPs, as well as adequate access to secondary and tertiary specialists)</p> | <p>2. (b) If not, are there plans to do so?</p> | <p>3. (a) Do you plan to appoint a Migraine/Headache Lead in your area (e.g. to coordinate migraine care, share guidelines among colleagues, or lead needs assessments, service development and health care professional education across the area)?</p> |
|---|--|---|
| <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> | <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> | <p>We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information</p> |

| Section 2: Specialist headache clinics | | | |
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| 3. (b) If not, are there alternative arrangements in place to coordinate migraine care? | 4. (a) Do you have specialist headache clinics in Trusts within your ICS area? | 4. (b) (i) If yes, please give details. | 4. (b) (ii) If no, please give details of the clinic(s) Trusts in your area would refer out to. |
| We advise you to contact NBT directly - https://www.nbt.nhs.uk/about-us/information-governance/freedom-information/request-information | Yes | https://www.nbt.nhs.uk/our-services/a-z-services/neurology | N/A |

| Section 3: Training | | | Section 4: Inequalities |
|---|---|--|--|
| <p>5. (a) Do you have any education or training programmes with GPs or pharmacists in your area on migraine? (E.g. regarding GP/pharmacy education, patient management in the community, patient information or referral pathways)</p> | <p>5. (b) If yes, or if any are planned, please give details.</p> | <p>5. (c) If no, please explain any reasons (e.g. budgets / other priorities / other organisations' responsibility).</p> | <p>6. (a) Are you aware of local inequalities of access to headache specialist services amongst any groups (e.g. by gender, ethnicity, disability, socio-economic groups)?</p> |
| <p>1. https://elearning.rcgp.org.uk/course/view.php?id=708</p> <p>2. https://remedy.bnssg.icb.nhs.uk/adults/neurology/headache/</p> | <p>1. This RCGP elearning course will update primary care clinicians on the nature of migraine, the differential diagnoses and how to approach a patient with headache. It will then discuss treatment options both for acute migraine and for prophylaxis. A linked microsite will consider trickier case studies. Associated podcasts will discuss new treatments and the interaction between hormones and migraine in women.</p> <p>2. The BNSG Remedy Headache page was developed to support primary care with information about headache/migraine referral pathways and patient management. See: https://remedy.bnssg.icb.nhs.uk/adults/neur</p> | <p>N/A</p> | <p>We are not aware of any local inequalities in access to headache specialist services.</p> |



6. (b) If yes, please give details of the inequalities and any work you are doing or planning to address this.

N/A