

Reference: FOI.ICB-2223/101

Subject: Perinatal Mental Health

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE												
<p>Six-week checks:</p> <p>1. In line with the requirement brought in in April 2020 for GPs to offer a postnatal check six- to eight-weeks after birth (live and stillbirth) which focuses on the mother’s mental health and general wellbeing, please provide the information below:</p> <p>A. How many women in your ICS area have given birth or had a stillbirth each year for the last three full financial years?</p> <ul style="list-style-type: none"> ○ 2019/20 ○ 2020/21 ○ 2021/22 <p>B. How many women in your ICS area have been offered the six- to eight-week postnatal check with a GP each year for the last three full financial years?</p> <p>C. How many women in your ICS area have attended the six- to eight-week postnatal check with a GP each year for the last three full financial years?</p>	<p>A. Table below:</p> <table border="1" data-bbox="1099 675 2076 790"> <thead> <tr> <th></th> <th>2019/20</th> <th>2020/21</th> <th>2021/22</th> </tr> </thead> <tbody> <tr> <td>Births</td> <td>9862</td> <td>9546</td> <td>9818</td> </tr> <tr> <td>Stillbirths</td> <td>*</td> <td>55</td> <td>50</td> </tr> </tbody> </table> <p>*unable to report due to data availability.</p> <p>Please note: it is likely that the approach used in the above table to identify stillbirths is overstating the total numbers for our ICS area. We are also continuing to improve our data quality in general, and thus the births number is also likely to change as this work progresses.</p> <p>B. Bristol, North Somerset and South Gloucestershire Integrated Care Board (BNSSG ICB) does not hold this information</p> <p>C. The ICB does not hold this information</p> <p>Data relating to births and still births is also available by local authority at this source: https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/livebirths/datasets/birthsummarytables</p> <p>The local authorities are listed on sheet ‘3’ and the required ones for our ICB are:</p>		2019/20	2020/21	2021/22	Births	9862	9546	9818	Stillbirths	*	55	50
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	<ul style="list-style-type: none"> • Bristol, City of; • North Somerset, • South Gloucestershire <p>Please note data is grouped by annual year, rather than financial year going back a number of years.</p>
<p>2. In your ICS area,</p> <p>A. Is there specific guidance given to GPs outlining how to ask about women’s mental health and general wellbeing at the six- to eight-week postnatal check? For example, carrying out a mental health assessment or using open-ended questions.</p> <p>B. If you answered yes to question 2A, please provide a link or a copy of the guidance.</p> <p>C. Please provide information about how you track compliance with the requirement that GPs ask all women about their mental health and general wellbeing at the six- to eight-week postnatal check.</p>	<p>A. Yes</p> <p>B. Support for GPs with perinatal Mental Health is available through our remedy site: https://remedy.bnssgccg.nhs.uk/adults/mental-health/perinatal-mental-health/#i5</p> <p>C. The ICB does not hold this information</p>
<p>Referrals to psychological therapies</p> <p>3.</p> <p>A. Please provide figures for the total number of referrals to psychological therapy services, including IAPT and other national equivalents, following the six- to eight-week postnatal check with GP practices in your ICS area for the last three full financial years.</p> <ul style="list-style-type: none"> ○ 2019/20 	<p>A. The ICB does not hold this information</p> <p>B. The ICB does not hold this information</p>

- 2020/21
- 2021/22

B. Please provide the following information for those who were referred to psychological therapy services (including IAPT and other national equivalents) following the six- to eight-week postnatal appointment with the GP, for the last three full financial years:

- i. How many women in your ICS area have been assessed within two weeks of referral?
- ii. How many women in your ICS area have not been assessed within two weeks of referral?
- iii. How many women in your ICS area have started treatment within four weeks of assessment?
- iv. How many women in your ICS area did not start treatment within four weeks of assessment?

***The information provided in this response is accurate as of 21 November 2022 and has been approved for release by Lisa Manson
Director of Performance and Delivery for NHS Bristol, North Somerset and South Gloucestershire ICB.***