

**Reference:** FOI.ICB-2223/024

**Subject:** Body Dysmorphic Disorder (BDD) Diagnosis and Treatment

*I can confirm that the ICB **does not hold the information requested**; please see responses below:*

QUESTION	RESPONSE	
1) How many people have been diagnosed with Body Dysmorphic Disorder (BDD) during the past 20 years (or as far back as the records allow you to search)	<p>Bristol, North Somerset and South Gloucestershire Integrated Care Board (BNSSG ICB) does not hold this information.</p> <p>It is possible that GP surgeries may hold data relating to a diagnosis and/or treatment of BDD, however each practice would need to be contacted directly. More information about the GP Surgeries in the local BNSSG area can be found on our website:  <a href="https://bnssg.icb.nhs.uk/health-and-care/gp-surgeries/">https://bnssg.icb.nhs.uk/health-and-care/gp-surgeries/</a></p> <p>The advice provided on the NHS website (<a href="https://www.nhs.uk/mental-health/conditions/body-dysmorphia/">https://www.nhs.uk/mental-health/conditions/body-dysmorphia/</a>) is to see a GP if you think you might have BDD. It also states that some individuals can refer themselves directly to an NHS psychological therapies service (IAPT) without a referral from a GP.</p>	
2) In the past 20 years (or as far back as it is possible to search records) how many people with Body Dysmorphic Disorder (BDD) were treated for their BDD.		
<p>3) Can you provide a yearly breakdown of how many people have been diagnosed with BDD per year over the past 20 years (or as far back as the records allow you to search) in each area (Bristol, North Somerset and South Gloucestershire)</p> <p>Broken down by:</p> <p>a) The number of people diagnosed/treated with BDD per year</p> <p>b) Gender</p> <p>c) Ethnicity</p>		

<p>d) Age</p> <p>e) Area</p>	
<p>4) Can you provide a yearly breakdown of how many people have been treated with BDD per year over the past 20 years (or as far back as the records allow you to search) in each area (Bristol, North Somerset and South Gloucestershire)</p> <p>Broken down by:</p> <p>a) The number of people diagnosed/treated with BDD per year</p> <p>b) Gender</p> <p>c) Ethnicity</p> <p>d) Age</p> <p>e) Area</p>	
<p>5) How many people have been offered therapy after a diagnosis of body dysmorphic disorder per year from 2000 - 2022 (or as far back as the records allow you to search).</p>	

***The information provided in this response is accurate as of 15 August 2022 and has been approved for release by Lisa Manson, Director of Commissioning for NHS Bristol, North Somerset and South Gloucestershire ICB.***