

John's story

I'm 92 and have Alzheimer's. After my wife died, I managed at home with my daughter Sarah's help.

One day, I fell and went to hospital. A physiotherapist and nurse assessed me and arranged regular carer visits at home.

Unfortunately I fell again. We worked with my care team to move me to Sarah's home. We were given lots of support, including equipment to help me move around safely.

Eventually, I needed more support than Sarah could give. A social worker worked with us to find the right care for me.

They found a nursing home where I'm happily settled, and Sarah visits often.

Find out more about Bristol, North Somerset and South Gloucestershire health and care system's focus on Home First – getting people back home safely as soon as possible once they are medically well:

bnssghealthiertogether.org.uk/home-first

