

Information about having a Care, Education and Treatment Review (CETR)



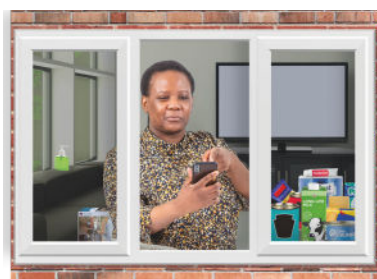
This leaflet tells you about CETR's - Care, Education and Treatment Reviews and what these meetings are



These meetings are part of NHS England's goal to make people's care better



CETR's are meetings for young people with learning difficulties or autism (or both) who might have to move away from home, change school or college or go to a mental health hospital



The aim of the meeting is to try and stop you from having to move away or go into hospital if you don't need to



If you do have to go to hospital, the meeting is held to make sure you are only there for a short time



You are the most important person in the meeting. The meeting will be person centred and you and your family/carers/ friends will be listened to



Before the meeting, one of your workers will explain what will happen and will ask you to agree to the meeting happening



The meeting will take place all day, but you will only need to come to part of it.



The meeting will probably take place somewhere you have been before like where you meet your therapist or at school



You can come to the meeting, but you don't have to



You can invite important people like family or a friend



Your social workers, teachers and psychiatrist might be there



The person running the meeting is from the NHS but is someone who is not involved in your care. They are independent.



At the meeting people will ask:

- What is going well?
- What would you like to change?
- What could be better?
- What could be done differently?
- Are you safe?
- Are you going to school/college?
- What needs to happen next?
- Will you have to go to hospital?



At the end of the meeting you and everyone will decide what happens next



For more information, contact:
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