



Don't Wait to Anticoagulate

Atrial Fibrillation Clinical Skills Training

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Bristol Clinical Commissioning Group

AF leads to a
FIVE fold
increase in
stroke risk

An
estimated
20% of all
strokes are
caused by
AF

Barry
Manilow
has AF

AF related
stroke has
double the
mortality

1 in 4 adults
over 40
develops AF
over their
lifetime

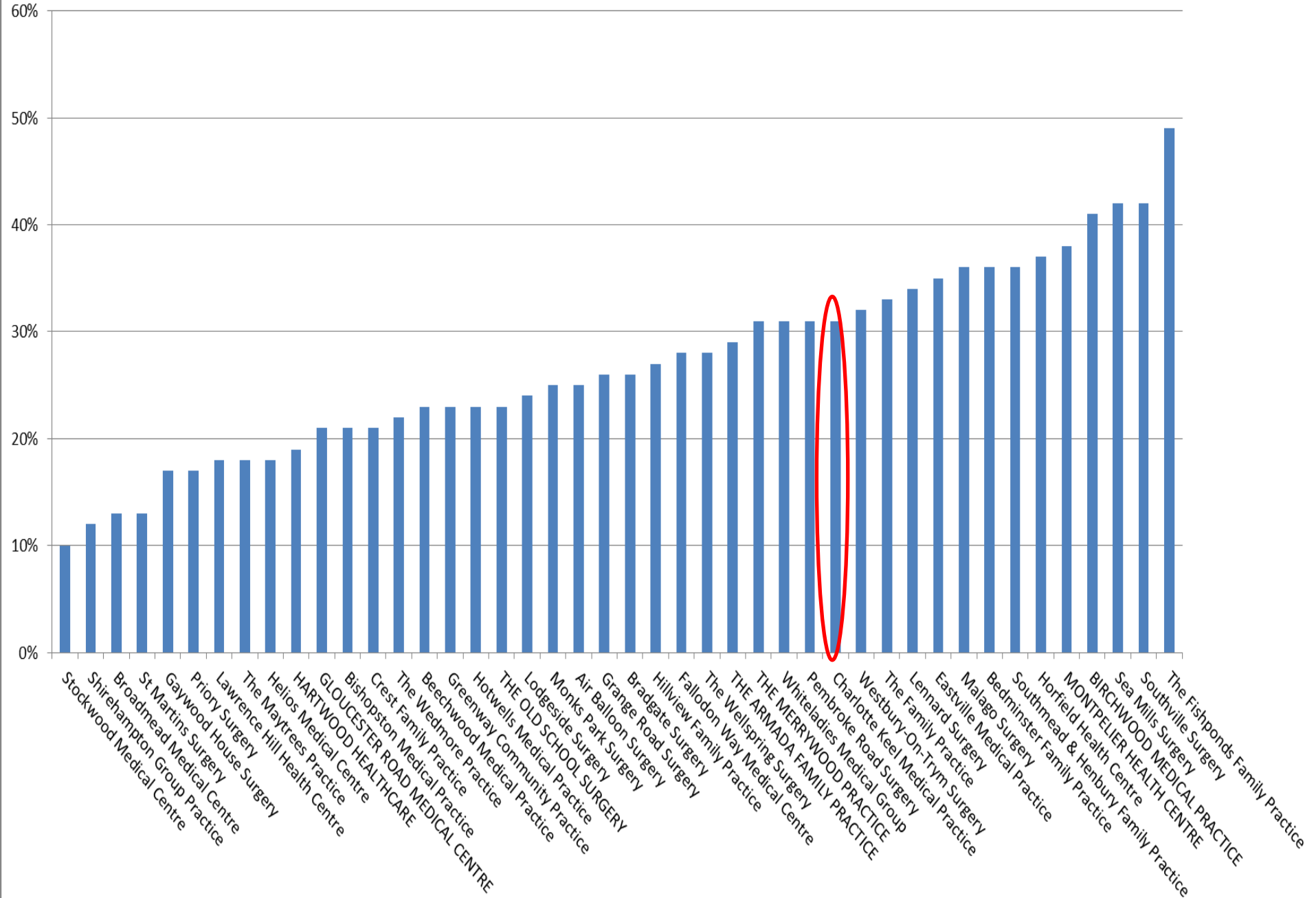
IMPACT OF ANTICOAGULATION

DISEASE	DRUG	OUTCOME	NNT FOR ONE YEAR
CVD – Primary Prevention	Statin	Prevention of 1 CVD death	128
CVD – Primary Prevention	Statin	Prevention of 1 stroke	71
CKD	ACEI	Prevention of 1 CVD event	128
CKD	ACEI	Prevention of 1 death	72
AF	Anticoagulant	Prevention of 1 ischaemic stroke	40
AF	Anticoagulant	Prevention of 1 death	23

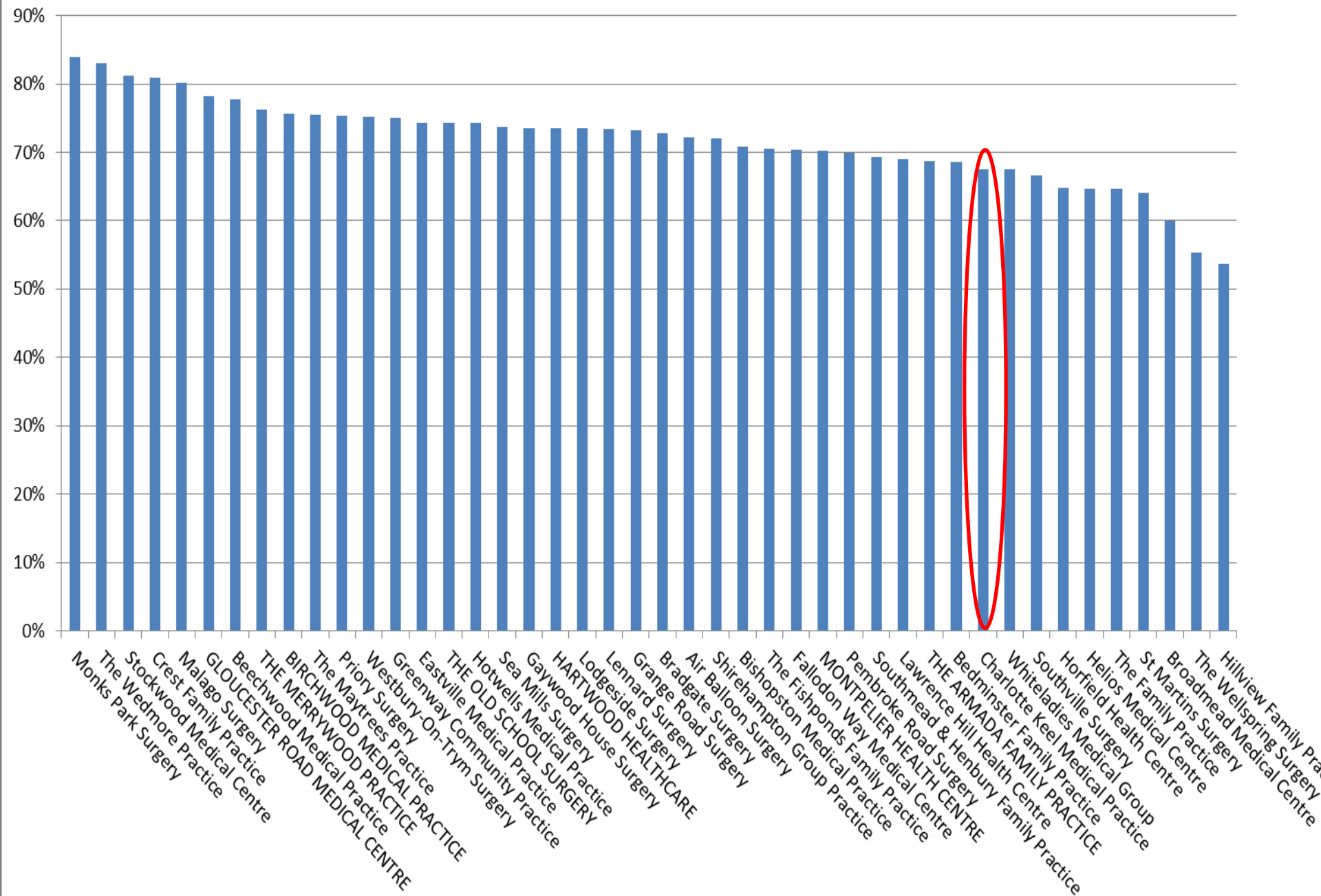
He decided to celebrate meeting his QOF targets by doing a cartwheel...wrecked his knee and has to wait 26 weeks to see a consultant



% AF exception reported for Bristol Practices



% AF anticoagulated



What are we trying to achieve?

- Clinician empowerment
- Patient empowerment
- Optimise OACS
- Sustainability
- Reduce AF strokes
- Knowledge/use of tools
- Shared decision making
- Start/Change meds
- Embed QI Training
- END GOAL!

Project Overview

- Joint collaboration between CCG/AHSN
- Delivery Clinical Skills Training
- Delivery QI Training
- Incentivised: Prescribing Incentive Scheme
- Individualised Practice Pathways
- Role of Clinical Champion

Clinician Empowerment

- Clinical support tools
- <http://www.anticoagulation-dst.co.uk/>
- <http://www.dontwaittoanticoagulate.com/clinician>
- Centrally generated patient data
- CCG webpage
- <https://www.bristolccg.nhs.uk/clinicians/dont-wait-anticoagulate-project/>
- EMIS AF template

Patient Empowerment

- Shared decision making tools
- <http://www.dontwaittoanticoagulate.com/clinician/calculator>
- [https://www.bristolccg.nhs.uk/media/mediabrary/2016/11/DWAC anticoagulation leaflet.pdf](https://www.bristolccg.nhs.uk/media/mediabrary/2016/11/DWAC_anticoagulation_leaflet.pdf)

Optimise Oral Anticoagulants

- BNSSG formulary information
- <http://www.bnssgformulary.nhs.uk/includes/documents/BNSSG%20NOAC%20Decision%20guideV5%20update%20March16.pdf>

Sustainability

- Quality Improvement Training for MOPS
- Bespoke Practice Pathways
- Re-visit

Developing a Sustainability and Transformation Plan



Bristol, North Somerset, South Gloucestershire working together.