

Commissioning Policy Individual Funding Request

Polysomnography (Children)

Criteria Based Access Policy

Date Adopted: 01 April 2013

Version: 1516.1.01

Polysomnography (Children)

Policy Statement

Inpatient Polysomnography (sleep studies) as a clinical intervention is appropriate for children in only a limited number of cases, and will be funded only in accordance with the priorities set out in this policy.

Policy - Criteria to Access Treatment – CRITERIA BASED ACCESS

The use of Polysomnography for children has been established in a number of pathways to investigate the following conditions:

- sleep disordered breathing/obstructive sleep apnoea syndrome (including children with underlying neuromuscular or cranio-facial disorders)
- congenital central hypoventilation syndrome
- apparent life-threatening events in infancy
- sleep related neurological disorders (REM parasomnias, sleep related epilepsy, narcolepsy/idiopathic hypersomnia)
- children with excessive daytime sleepiness, or circadian rhythm disturbance.
- regular review of children with Down's Syndrome who are at high risk of obstructive sleep apnoea/sleep disordered breathing (up to 30% of children/young people with Down's syndrome have such problems)

In the majority of cases a sleep study should take place in the home. Inpatient Polysomnography will only be commissioned:

- where the home sleep study produces a negative result for sleep apnoea and further investigation is required.
- where it is not clinically safe to undertake a sleep study in the home, for example ventilated children.
- where there are complications with a home sleep study, or problems with compliance

Current levels of need indicate that 60-70 inpatient sleep studies will be required annually for children in the BNSSG area.

Policy Restrictions

Polysomnography will not be commissioned for the investigation of hypersomnia related to Chronic Fatigue Syndrome or periodic limb movement disorder.

Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy.

Individual cases will be reviewed at the CCG's Individual Funding Request Panel upon receipt of a completed application form from the patient's GP, Consultant or Clinician. Applications cannot be considered from patients personally.

If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Patient Advice and Liaison Service on 0800 073 0907 or 0117 947 4477.

Approved by (committee):	Clinical Policy Review Group		
Date Adopted:	1 April 2013	Version:	1516.1.01
Produced by (Title)	Commissioning Manager – Individual Funding		
EIA Completion Date:	February 2014	Undertaken by (Title):	IFR Co-ordinator
Review Date:	Earliest of either NICE publication or three years from approval.		