

# COVID 19 DEBRIEFING

## THE HOT DEBRIEF

To be done at the end of every shift after handing over

### → WHY?

Over the next few days, weeks and months we will experience situations unlike anything we have ever come across before.

There may not be time to ask questions about what has happened with one situation before we have moved onto the next.

Having a debrief at the end of each shift will allow us this time. Debriefs are brief, to allow us all to go home, but importantly will address any questions or concerns before you leave hopefully helping you stop worrying about your shift once you get home.

This is not a teaching or learning opportunity, it is a chance to talk.

### → HOW?

1. Acknowledge the day, the significance of the events and how this has made you feel.
2. Does anyone have any questions about any situations from our residents today?
3. Are there any immediate changes that you need to make as a team to equipment, process or staffing that needs to occur?

Keep it brief.