

Liposuction to Reduce Fat Pockets and Deposits

Exceptional Funding Request

All Patients

Liposuction is not routinely commissioned.

Note

Liposuction and lipofilling as part of flap revision within reconstruction pathways to ensure best function is routinely commissioned.

Before consideration of referral for management in secondary care, please review advice on the Remedy website (www.remedy.bnssgccg.nhs.uk/) or consider use of advice and guidance services where available.

Bristol, North Somerset and South Gloucestershire Integrated Care Board (BNSSG ICB) is responsible for making the best use of the NHS funds allocated to us to meet the health needs of our local population. The demand for services is greater than the resources available and therefore we have to prioritise the use of funds carefully. Our approach is to prioritise commissioning treatments, operations or drugs that are most effective in meeting the health needs of the population. All operations carry significant risks and where symptoms are mild or moderate it is likely that the risks outweigh the benefits. Not all conditions progress and when symptoms can be managed conservatively, that is the safest option.

The ICB does not commission Liposuction to reduce fat pockets and deposits. BNSSG ICB has determined that when considering the ICB's priorities, the risks, effectiveness and cost of this procedure does not provide overall value.

Liposuction– Plain Language Summary

Liposuction is a cosmetic procedure used to remove unwanted body fat. The aim is to alter body shape.

Liposuction involves sucking out small areas of fat that are hard to lose through exercise and a healthy diet. It is carried out on areas of the body where deposits of fat tend to collect such as buttocks, hips, thighs and tummy.

The results are generally long-lasting, providing the recipient maintains a healthy weight. It works best in people who are a normal weight and in areas where the skin is tight.

This policy has been developed with the aid of the following:

1. National Health Service (2019) Health A to Z: Cosmetic procedures: Liposuction
www.nhs.uk/conditions.

Connected Policies

N/A

Due regard

In carrying out their functions, the Bristol, North Somerset and South Gloucestershire Clinical Policy Review Group (CPRG) are committed to having due regard to the Public Sector Equality Duty (PSED), and NHSE Evidence-Based Interventions (EBI). This applies to all the activities for which the ICB is responsible, including policy development and review.

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OPCS Procedure codes

Must have any of (primary only): B375, S621, S622, Y394

Support

If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Customer Services Team on: **0117 900 2655** or **0800 073 0907** or email them on BNSSG.customerservice@nhs.net.